



Slow Food Minnesota Questions for Members 2010

All Slow Food Minnesota events and projects are the result of the efforts of volunteers. If you would like to help, please tell us how in Part I of this questionnaire.

In Part II, we ask what type of member gatherings you would like to see and what you think the goals of our chapter should be. We appreciate your ideas.

Please fill in this form (all or part) and return it by clicking on the button at the end or printing and mailing to: Jane Rosemarin, 5005 Belmont Ave. S, Minneapolis, MN 55419

Name or Names _____

Address _____

Phone _____

e-mail _____

I. Volunteering

• Events

At events, shifts are limited to a few hours so that you can still enjoy the day. Please check any tasks that you'd be interested in.

Ticketing and reservations:

- Keep reservation lists for events using a Microsoft Word table or an Excel spreadsheet.
- Help write tax substantiation letters and thank-you notes to contributors.

Provide the location for an event:

Do you have a farm, bakery, business or other meeting space that we could use for gatherings, cooking demos or cooking classes? Please describe:

Volunteer on the day of event:

- Photography
- Setup and cleanup
- Help with serving
- Help with paperwork (check people in, distribute handouts ...)
- Cooking: plan or supervise a dinner
- Cooking: assist

__ Chair an event:

With the assistance of the board, plan and make arrangements, possibly with a co-chair. This may involve working with as many as 20 volunteers, much delegating and communicating to make sure the plans are on track and the work is fairly distributed.

__ Distribute information at fairs:

Volunteers work in pairs for a few hours at a time and tell people about Slow Food and give out brochures. Past events have included the Living Green Expo, Gardening Matters community garden fair, farmers markets, and the Food and Wine Experience. Volunteers typically gain free entrance and can explore the fairs before or after their shifts.

• Membership

- Contact people with soon-to-expire memberships.
- Keep member and non-member mailing lists up to date.
- Send hard copies of important mailings to around a dozen members who do not have e-mail.
- Update our member list and non-member mailing list.

• Writing, mailing

Keep an eye on non-Slow-Food-MN events in the sustainable food world and write listings for our Web site. You can find these events on listservs and food news Web pages.

Write articles for newsletter or Web site. Farm or city subjects.

Help with mailing. Pick up pre-addressed flyers for mailing from southwest Minneapolis location, purchase stamps as needed (you will be reimbursed) and mail.

• Good food for kids

1) **Time for Lunch** is Slow Food USA's campaign to improve food in schools. The Child Nutrition Act is working its way through the U.S. Congress. Slow Food USA is advocating for provisions that increase funding for school lunches, offer grants for farm-to-school programs and set standards for food served in schools. Would you like to:

__ Coordinate our Time for Lunch activities. Keep in touch with the TFL people at SFUSA and those in our chapter who are interested in working on the project.

__ Participate in current and future Time For Lunch projects

2) **Youth garden projects:** Slow Food Minnesota members would go to one or more urban gardens to work with kids. Please check if you are interested in:

__ Speak to children about food, nutrition, seasonality, or anything to do with food or the environment. Some examples: an REI tent demo; soil and water testing; insects; your job.

__ Teach a cooking class to kids.

__ Help kids plant vegetables in the spring or put the garden to bed in the fall: spend a nice day getting exercise outdoors with students and fellow Slow Food members.

__ Invite a group of city kids to visit your farm.

II. Please give us your ideas:

Use more space as needed (the back, if hard copy; just keep typing, if pdf file).

• About our focus

What are your thoughts about expanding the scope our chapter? We will continue to have tastings, farm events, Snail in the Park potlucks with speakers and hands-on cooking events. We will also continue to raise funds for Terra Madre and farm emergencies. How important to you is:

1) Sending food producers to the Terra Madre conference (Slow Food's biennial gathering of sustainable farmers and others involved in food from all over the world). Terra Madre is currently the main focus of our fundraising.

2) Working for the community good: a youth or farm-to-school project or a project with the goal of improving nutrition or health?

3) Helping to preserve endangered plants and animals by raising funds for the Slow Food International Fund for Biodiversity.

• About our events

Would you enjoy meeting other members for a moderately priced dinner at a restaurant that sources from sustainable farms? We would hope to have the chefs talk about how they make using local products work for them.

Do you have any interest in an occasional potluck at a member's home?

Do you have any interest in an informal food book group or an online book group?

What might you wish to contribute to our chapter? What do you enjoy doing that you think we might need?

Can you speak on a Slow Food related topic to us or to an outside group?

What topics would you be interested in hearing other speakers talk about?

Is there an article you would like to write for our newsletter or Web page?

Do you have an idea for an event?

Any other suggestions?

You may print a copy of this completed form, but you cannot save it digitally with Acrobat Reader. Please check [here](#) to be sent a copy of your responses for your records.

When you click this button, an e-mail with a pdf of your answers should pop up. It will be addressed to jane@slowfoodmn.org. Send it, and THANK YOU VERY MUCH!